

**GOVERNMENT OF INDIA
MINISTRY OF HEALTH AND FAMILY WELFARE
DEPARTMENT OF HEALTH AND FAMILY WELFARE**

**RAJYA SABHA
UNSTARRED QUESTION NO. 280
TO BE ANSWERED ON 19TH NOVEMBER, 2019**

DIABETES AND CHOLESTEROL IMPAIRMENT IN CHILDREN

280. SHRI HARNATH SINGH YADAV:

Will the Minister of **HEALTH AND FAMILY WELFARE** be pleased to state:

- (a) whether it is a fact that as per the reports submitted by the National Nutrition Survey of Children and Adolescents, there are increasing cases of diabetes and high cholesterol among children in the country, if so, what actions have been taken by Government in this regard; and
- (b) if not, the reasons therefor?

**ANSWER
THE MINISTER OF STATE IN THE MINISTRY OF HEALTH AND
FAMILY WELFARE
(SHRI ASHWINI KUMAR CHOUBEY)**

(a) & (b): As per Comprehensive National Nutrition Survey (CNNS) conducted during the year 2016-18, the prevalence of diabetes was low (~1%) based on fasting plasma glucose and HbA1c levels in the blood among both children and adolescents. However 10.3% of school-age children (5-9 years) and 10.4% of adolescents (10-19 years) are estimated as pre-diabetic in India based on fasting plasma glucose and HbA1c levels in the blood.

Also, 3.2% of school-age children (5-9 years) and 3.7% of adolescents (10-19 years) in India are estimated to have high total cholesterol as per this survey.

In order to prevent onset of lifestyle diseases like diabetes and hypertension and Cardio vascular diseases etc. the Ministry of Health and family Welfare has initiated various advocacy and awareness campaigns including the “Eat Right India” Campaign, which is built on the two broad pillars of 'Eat Healthy' and 'Eat Safe'. This aims to engage, excite and enable citizens to improve their health and wellbeing.

Village Health and Nutrition Days (VHNDs) platform is being used for creating community awareness on importance of balanced and healthy diet. National programme for prevention and Control of Cancer Diabetes Cardiovascular diseases and Stroke (NPCDCS) envisages inter-sectoral coordination for promoting health and preventing NCDs and their risk factors. School health programme through “health and wellness Ambassador” is one of the strategy under National Health Mission for promoting healthy behaviours for control of common Non communicable practices. Health and Wellness Centres as envisaged in “Ayushman Bharat” would play a key role in strengthening comprehensive implementation of these strategies in promotion of health and well-being. The role of physical activities in health promotion and prevention of overweight and obesity is also being adopted as key strategy along with emphasis on “Eat Right”. Besides this, Fit India movement has been initiated by the Hon’ble PM where various physical activities and events to increase awareness on fitness will be carried out in the country in the next three months starting from November 2019.