

**GOVERNMENT OF INDIA
MINISTRY OF HEALTH AND FAMILY WELFARE
DEPARTMENT OF HEALTH AND FAMILY WELFARE**

**LOK SABHA
UNSTARRED QUESTION NO. 354
TO BE ANSWERED ON 21st JULY, 2023**

CASES OF DIABETES (TYPE – 2)

354. SHRI KALYAN BANERJEE:

Will the **MINISTER OF HEALTH AND FAMILY WELFARE** be pleased to state:

- (a) whether it is a fact that in the country an estimated 77 million people above the age of 18 years are suffering from diabetes (Type-2) and nearly 25 million are prediabetic;
- (b) if so, the details thereof;
- (c) whether it is also a fact that more than 50% of the people are unaware of their diabetic status leading to health complications later in life;
- (d) if so, the details thereof; and
- (e) whether the Government has any resolution/plan to make India diabetes free, if so, the details thereof?

ANSWER

**THE MINISTER OF STATE IN THE MINISTRY OF HEALTH AND FAMILY WELFARE
(Prof. S P SINGH BAGHEL)**

(a) to (e) As per Indian Council of Medical Research – India Diabetes (ICMR INDIAB) study published in 2023, the prevalence of diabetes and prediabetes is 101 million and 136 million respectively.

The Department of Health & Family Welfare, Government of India, provides technical and financial support to the States/UTs under the National Programme for Prevention and Control of Non Communicable Diseases (NP-NCD) as part of National Health Mission (NHM), based on the proposals received from the States/UTs and subject to the resource envelope. Diabetes is an integral part of NP-NCD. The programme focusses on strengthening infrastructure, human resource development, health promotion & awareness generation for prevention, early diagnosis, management and referral to an appropriate level of healthcare facility for treatment of the Non-Communicable Diseases (NCDs), including Diabetes. Under NP-NCD, 724 District NCD Clinics, 210 Cardiac Care Centre, and 6110 Community Health Center NCD Clinics have been set up.

A population-based initiative for prevention, control and screening for common NCDs i.e. diabetes, hypertension and common cancers has been rolled out in the country under NHM and also as a part of Comprehensive Primary Health Care. Under the initiative, persons more than 30 years of age are targeted for their screening for the common NCDs. Screening of diabetes is an integral part of service delivery under Ayushman Bharat – Health and Wellness Centres.

Further initiatives for increasing public awareness about NCDs and for promotion of healthy lifestyle includes observation of National & International Health Days and use of print, electronic and social media for continued community awareness. Furthermore, healthy eating is also promoted through FSSAI. Fit India movement is implemented by Ministry of Youth Affairs and Sports, and various Yoga related activities are carried out by Ministry of AYUSH. In addition, NP-NCD gives financial support under NHM for awareness generation (IEC) activities for NCDs to be undertaken by the States/UTs as per their Programme Implementation Plans (PIPs).

Under NP-NCD, glucometer and drugs for diabetes are provided as per the proposals received from the states. Under Free Drugs Service Initiative of NHM, financial support is provided to States/UTs for provision of free essential medicines including insulin for poor and needy people. Furthermore, quality generic medicines including insulin are made available at affordable prices to all, under ‘Pradhan Mantri Bhartiya Janaushadhi Pariyojana (PMBJP), in collaboration with the State Governments.
