

# 2023 ESCAP population data sheet



**ESCAP**

Economic and Social Commission  
for Asia and the Pacific



# Population and development indicators for Asia and the Pacific, 2023

Region, subregion, country, territory or area	1		2		3	4	5	6	7	8	9		10		11	12	13	14		15				16				17				18				19		20		21			
	Population at mid-year		Female population at mid-year		Population growth rate <sup>1</sup>	Crude birth rate	Total fertility rate	Contraceptive prevalence rate (any method)	Unmet need for family planning (any modern method)	Crude death rate	Life expectancy at birth		Healthy life expectancy at birth		Infant mortality rate	Under-five mortality rate	Maternal mortality ratio	Median age of total population		Child population				Youth population				Working-age population				Population of older adults				Urban population		International migrants					
	Thousands		Percentage		Percentage change per annum	Births per 1,000 population	Live births per woman (aged 15-49)	Contraceptive prevalence for married or in-union women (15-49) (percentage)	Unmet need for family planning of women of reproductive age (15-49 years) (percentage)	Deaths per 1,000 population	Male (years)	Female (years)	Male (years)	Female (years)	Infant deaths per 1,000 live births	Deaths under age 5 per 1,000 live births	Maternal deaths (per 100,000 live births, women aged 15-49)	Years		Population aged 0-14 (thousands)		Percentage of population aged 0-14		Population aged 15-24 (thousands)		Percentage of population aged 15-24		Population aged 15-64 (thousands)		Percentage of population aged 15-64		Population aged 60 or over (thousands)		Percentage of population aged 60 or over		Population aged 65 or over (thousands)		Percentage of population aged 65 or over		Percentage of total population		In country or area	From country or area
	2023	2050	2023	2050	2023-2024	2023	2023	2023	2023	2023	2023	2023	2019	2019	2023	2023	2020	2023	2050	2023	2050	2023	2050	2023	2050	2023	2050	2023	2050	2023	2050	2023	2050	2023	2050	2023	2050	2020	2050	2020	2020		
<b>ESCAP</b>	<b>4 747 788</b>	<b>5 196 119</b>	<b>49.4</b>	<b>49.8</b>	<b>0.60</b>	<b>13.6</b>	<b>1.9</b>	..	..	<b>7.2</b>	<b>72.4</b>	<b>77.6</b>	..	..	<b>21.0</b>	<b>25.8</b>	..	<b>32.4</b>	<b>40.3</b>	<b>1 056 150</b>	<b>886 102</b>	<b>22.4</b>	<b>17.1</b>	<b>704 896</b>	<b>605 619</b>	<b>14.9</b>	<b>11.7</b>	<b>3 178 483</b>	<b>3 280 681</b>	<b>67.3</b>	<b>63.4</b>	<b>697 374</b>	<b>1 340 207</b>	<b>14.8</b>	<b>25.9</b>	<b>489 232</b>	<b>1 006 890</b>	<b>10.4</b>	<b>19.5</b>	<b>51.0</b>	<b>65.8</b>	<b>66 607 565</b>	<b>108 737 759</b>
<b>East and North-East Asia</b>	<b>1 662 477</b>	<b>1 522 820</b>	<b>49.3</b>	<b>49.6</b>	<b>-0.05</b>	<b>7.5</b>	<b>1.2</b>	..	..	<b>7.9</b>	<b>76.9</b>	<b>82.5</b>	..	..	<b>5.6</b>	<b>6.8</b>	..	<b>39.8</b>	<b>51.0</b>	<b>266 336</b>	<b>171 268</b>	<b>16.3</b>	<b>11.4</b>	<b>182 512</b>	<b>114 766</b>	<b>11.1</b>	<b>7.6</b>	<b>1 117 180</b>	<b>867 862</b>	<b>68.2</b>	<b>57.8</b>	<b>343 599</b>	<b>587 774</b>	<b>21.0</b>	<b>39.2</b>	<b>255 038</b>	<b>461 244</b>	<b>15.6</b>	<b>30.7</b>	<b>64.6</b>	<b>81.3</b>	<b>8 975 729</b>	<b>14 820 004</b>
China	1 425 671	1 312 636	49.0	49.4	-0.03	7.5	1.2	85.0	5.0	7.5	76.2	81.5	67.2	70.0	5.7	6.9	23	39.0	50.7	239 341	150 287	16.8	11.4	161 296	99 314	11.3	7.6	982 935	767 373	68.9	58.5	278 069	509 409	19.5	38.8	203 395	394 976	14.3	30.1	61.4	80.0	1 039 675	10 461 170
China, Hong Kong SAR	7 492	6 975	54.0	56.1	0.08	5.5	0.8	70.3	12.2	7.4	83.0	88.7	63.3	66.6	1.1	1.8	..	45.9	57.8	889	553	11.9	7.9	575	414	7.7	5.9	5 001	3 592	66.8	51.5	2 229	3 368	29.8	48.3	1 601	2 830	21.4	40.6	100.0	100.0	2 962 492	1 007 788
China, Macao SAR	704	882	53.1	55.1	1.27	10.0	1.1	..	..	4.3	82.9	88.1	..	..	2.2	3.0	..	38.5	49.9	106	108	15.0	12.2	64	79	9.0	8.9	502	525	71.3	59.6	144	322	20.4	36.5	96	249	13.7	28.2	100.0	100.0	403 490	145 192
Democratic People's Republic of Korea	26 161	25 807	50.5	50.5	0.34	12.9	1.8	74.5	11.2	9.5	71.1	76.3	72.6	75.5	13.3	16.7	107	36.1	42.8	4 930	3 986	18.8	15.4	3 483	2 965	13.3	11.5	18 041	16 189	69.0	62.7	4 658	7 269	17.8	28.2	3 190	5 632	12.2	21.8	62.4	74.2	49 549	110 377
Japan	123 295	103 784	51.4	51.4	-0.54	6.6	1.3	51.9	27.1	12.8	81.9	88.0	..	1.6	2.3	4	49.1	53.6	14 141	11 553	11.5	11.1	11 435	8 361	9.3	8.1	72 082	53 309	58.5	51.4	44 482	45 305	36.1	43.7	37 072	38 922	30.1	37.5	91.8	94.7	2 770 996	808 825	
Mongolia	3 447	4 519	50.4	51.0	1.38	19.5	2.7	57.4	20.3	5.5	68.4	77.6	57.1	63.8	8.3	10.0	39	27.0	32.9	1 112	1 025	32.3	22.7	472	606	13.7	13.4	2 168	2 890	62.9	64.0	289	858	8.4	19.0	167	603	4.8	13.4	68.7	77.7	21 345	82 098
Republic of Korea	51 784	45 771	50.1	51.1	-0.07	5.6	0.9	81.2	12.6	6.9	80.8	87.2	71.3	74.7	2.2	2.7	8	44.5	56.7	5 818	3 755	11.2	8.2	5 187	3 027	10.0	6.6	36 449	23 984	70.4	52.4	13 727	21 243	26.5	46.4	9 517	18 031	18.4	39.4	81.4	86.4	1 728 182	2 204 554
Other non-specified areas	23 923	22 446	..	..	0.12	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	
<b>South-East Asia</b>	<b>686 825</b>	<b>789 648</b>	<b>49.9</b>	<b>50.2</b>	<b>0.86</b>	<b>15.9</b>	<b>2.1</b>	..	..	<b>7.0</b>	<b>70.2</b>	<b>75.9</b>	..	..	<b>18.2</b>	<b>22.3</b>	..	<b>30.4</b>	<b>37.3</b>	<b>166 564</b>	<b>149 715</b>	<b>24.3</b>	<b>19.0</b>	<b>108 072</b>	<b>103 074</b>	<b>15.7</b>	<b>13.1</b>	<b>464 327</b>	<b>511 239</b>	<b>67.6</b>	<b>64.7</b>	<b>85 716</b>	<b>173 346</b>	<b>12.5</b>	<b>22.0</b>	<b>55 934</b>	<b>128 695</b>	<b>8.1</b>	<b>16.3</b>	<b>50.0</b>	<b>66.0</b>	<b>10 615 377</b>	<b>23 580 736</b>
Brunei Darussalam	453	498	48.3	49.3	0.76	13.2	1.7	..	..	5.6	72.5	76.8	65.2	66.1	9.3	11.2	44	32.8	41.9	98	79	21.8	15.9	67	56	14.9	11.2	324	316	71.7	63.3	50	138	11.0	27.7	30	103	6.6	20.8	78.3	85.7	111 959	45 340
Cambodia	16 945	20 258	50.5	51.0	1.06	18.5	2.3	64.0	26.6	6.1	69.1	73.8	59.8	63.0	19.3	23.1	218	27.1	34.3	4 839	4 248	28.6	21.0	2 872	2 869	16.9	14.2	11 069	13 393	65.3	66.1	1 701	3 814	10.0	18.8	1 036	2 618	6.1	12.9	24.2	41.2	79 341	1 104 819
Indonesia	277 534	317 225	49.7	50.1	0.83	16.0	2.1	62.4	13.7	7.5	69.0	73.3	61.9	63.8	17.6	21.3	173	29.9	36.5	69 056	61 620	24.9	19.4	44 573	42 334	16.1	13.3	188 982	208 131	68.1	65.6	30 923	64 878	11.1	20.5	19 496	47 474	7.0	15.0	56.6	72.8	355 505	4 601 369
Lao People's Democratic Republic	7 634	9 776	49.6	50.0	1.36	21.0	2.4	61.3	20.3	6.1	67.2	71.5	59.2	61.9	29.2	37.0	126	24.4	33.0	2 310	2 098	30.3	21.5	1 450	1 456	19.0	14.9	4 974	6 690	65.2	68.4	562	1 491	7.4	15.3	349	987	4.6	10.1	68.3	55.7	48 731	1 296 051
Malaysia	34 309	41 032	48.9	49.6	1.07	14.8	1.8	57.5	30.1	5.5	74.1	79.0	64.5	66.9	5.7	6.7	21	30.8	40.5	7 691	6 724	22.4	16.4	5 455	4 940	15.9	12.0	23 946	27 162	69.8	66.2	4 043	9 952	11.8	24.3	2 671	7 147	7.8	17.4	77.2	87.3	3 476 560	1 860 037
Myanmar	54 578	59 929	50.2	50.7	0.72	16.7	2.1	58.7	15.0	8.8	64.4	70.7	58.8	62.8	31.9	40.8	179	29.6	36.2	13 316	11 555	24.4	19.3	9 047	8 172	16.6	13.6	37 424	40 202	68.6	67.1	6 031	11 585	11.0	19.3	3 839	8 172	7.0	13.6	31.1	47.1	76 446	3 711 751
Philippines	117 337	157 892	49.2	49.3	1.51	21.3	2.7	57.7	29.5	5.6	70.3	74.3	60.1	63.9	21.2	25.2	78	25.0	31.8	35 208	36 418	30.0	23.1	21 471	24 381	18.3	15.4	75 552	104 450	64.4	66.2	10 323	24 248	8.8	15.4	6 577	17 024	5.6	10.8	47.4	61.8	225 525	6 094 307
Singapore	6 015	6 337	47.7	49.1	0.64	7.1	1.0	68.5	17.5	5.2	82.1	86.4	72.4	74.7	1.6	2.1	7	42.8	53.5	703	603	11.7	9.5	584	489	9.7	7.7	4 341	3 564	72.2	56.2	1 444	2 632	24.0	41.5	97.0	2 170	16.1	34.2	100.0	100.0	2 523 648	348 464
Thailand	71 801	67 880	51.5	52.1	0.13	8.7	1.3	77.3	18.4	7.6	75.8	84.1	65.9	70.6	6.9	8.1	29	40.2	50.7	10 932	7 805	15.2	11.5	8 492	5 901	11.8	8.7	49 411	38 647	68.8	56.9	16 405	26 020	22.8	38.3	11 458	21 428	16.0	31.6	51.4	69.5	3 632 496	1 086 985
Timor-Leste	1 361	1 807	49.0	49.2	1.42	24.3	3.0	33.3	25.9	6.5	67.7	71.1	59.8	62.0	29.5	36.5	204	20.9	29.9	466	432	34.2	23.9	303	303	22.3	16.8	825	1 245	60.6	68.9	99	200	7.3	11.1	70	130	5.2	7.2	31.3	43.7	8 399	39 588
Viet Nam	98 859	107 013	50.6	50.4	0.66	14.3	1.9	79.1	18.8	6.9	70.1	79.4	62.4	68.3	14.6	18.8	124	32.8	40.7	21 944	18 133	22.2	16.9	13 758	12 174	13.9	11.4	67 478	67 440	68.3	63.0	14 134	28 387	14.3	26.5	9 437	21 440	9.5	20.0	37.3	57.3	76 767	3 392 025
<b>South and South-West Asia</b>	<b>2 113 395</b>	<b>2 571 776</b>	<b>48.9</b>	<b>49.5</b>	<b>1.06</b>	<b>17.6</b>	<b>2.2</b>	..	..	<b>6.3</b>	<b>70.0</b>	<b>73.9</b>	..	..	<b>28.0</b>	<b>34.6</b>	..	<b>27.3</b>	<b>36.2</b>	<b>559 370</b>	<b>505 054</b>	<b>26.5</b>	<b>19.6</b>	<b>379 018</b>	<b>350 177</b>	<b>17.9</b>	<b>13.6</b>	<b>1 411 353</b>	<b>1 707 170</b>	<b>66.8</b>	<b>66.4</b>	<b>216</b>											

# Population and development in Asia and the Pacific, 2023

## Sources:

Indicators 1-5, 8-9, 11-12, 14-19: ESCAP calculations based on United Nations, Department of Economic and Social Affairs (2022). World Population Prospects 2022, Online Edition.

Indicators 6, 7: United Nations, Department of Economic and Social Affairs, Population Division (2022). Data Portal, custom data acquired via <https://population.un.org/DataPortal/>.

Indicator 10: WHO, Global Health Observatory (2022). <https://www.who.int/data/gho/data/indicators/indicator-details/GHO/gho-ghe-hale-healthy-life-expectancy-at-birth>.

Indicator 13: WHO, UNICEF, UNFPA, World Bank Group and the United Nations, Department of Economic and Social Affairs, Population Division (2023). Trends in maternal mortality 2000 to 2020: Estimates by WHO, UNICEF, UNFPA, World Bank Group and the United Nations Population Division. <https://www.who.int/publications/i/item/9789240068759>.

Indicator 20: United Nations, Department of Economic and Social Affairs, Population Division (2018). World Urbanization Prospects: The 2018 Revision, Online Edition. <https://population.un.org/wup/Download/>.

Indicator 21: United Nations, Department of Economic and Social Affairs, Population Division (2020). International Migrant Stock 2020. <https://www.un.org/development/desa/pd/content/international-migrant-stock>.

## Technical notes:

1: Based on the population as of 1 January of the respective years.

Healthy life expectancy at birth: Average number of years that a person can expect to live in "full health" by taking into account years lived in less than full health due to disease and/or injury.

Median age: Age that divides the population in two parts of equal size; that is, there are as many persons with ages above the median as there are with ages below the median.

Contraceptive prevalence: Percentage of women of reproductive age (15-49 years) who are currently using any method of contraception.

Unmet need for family planning of women of reproductive age (15-49 years): Percentage of women of reproductive age (15-49 years) who want to stop or delay childbearing but are not using a modern method of contraception.

International migrants: The midyear estimate of the number of people living in a country or area other than that in which they were born. Where the number of foreign-born was not available, the estimate refers to the number of people living in a country other than that of their citizenship.

.. indicates "not available."

0 indicates that the magnitude is not zero, but less than half of the unit employed.

Some values have been rounded compared to the values from the original data listed under sources.

## General notes:

This publication does not imply the expression of any opinion whatsoever on the part of the Secretariat of the United Nations concerning the legal status of any country, territory, city or area or of its authorities, or concerning the delimitation of its frontiers or boundaries.

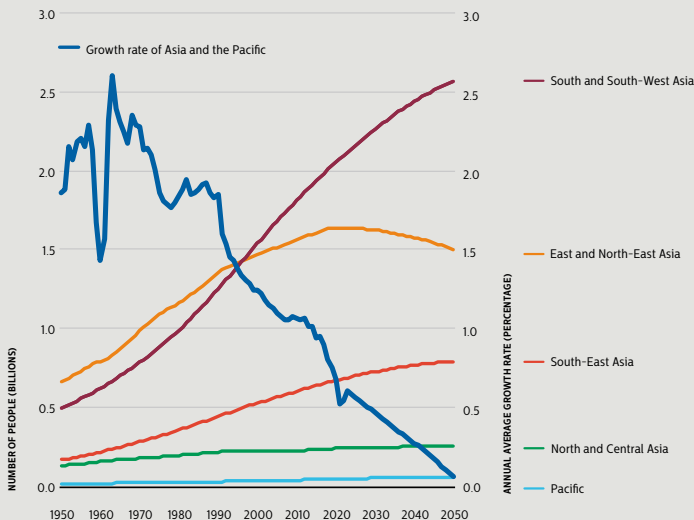
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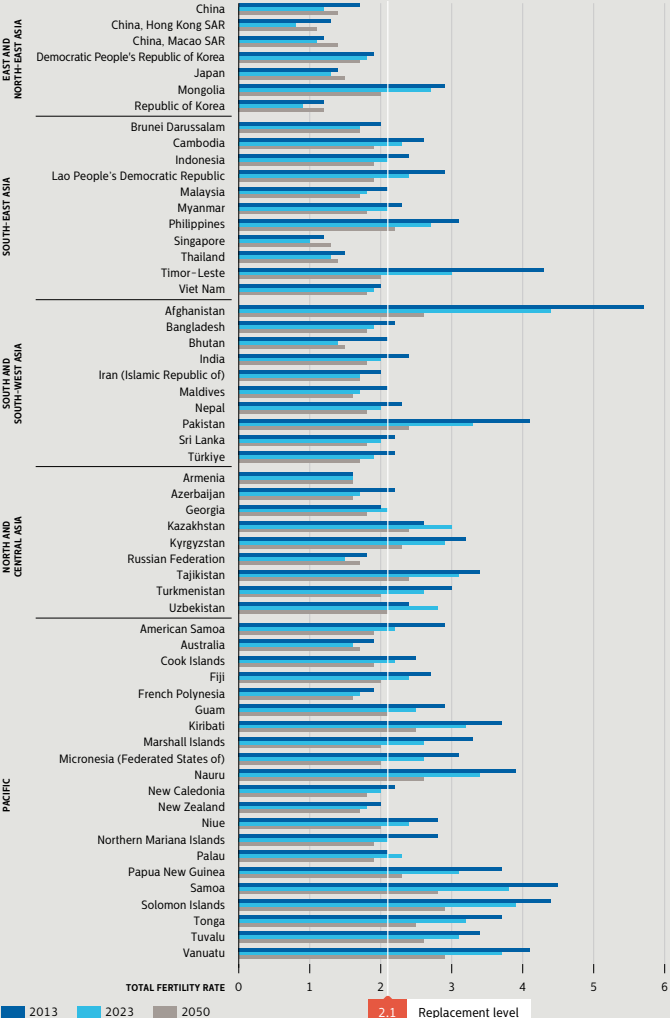
# While the population in Asia and the Pacific continues to grow, the overall growth rate is declining significantly

Figure 1: Population size, by Asia-Pacific subregion, and annual growth rate for Asia and the Pacific, 1950–2050



# Fertility rates are declining rapidly across Asia and the Pacific, with many countries' rates falling below replacement level

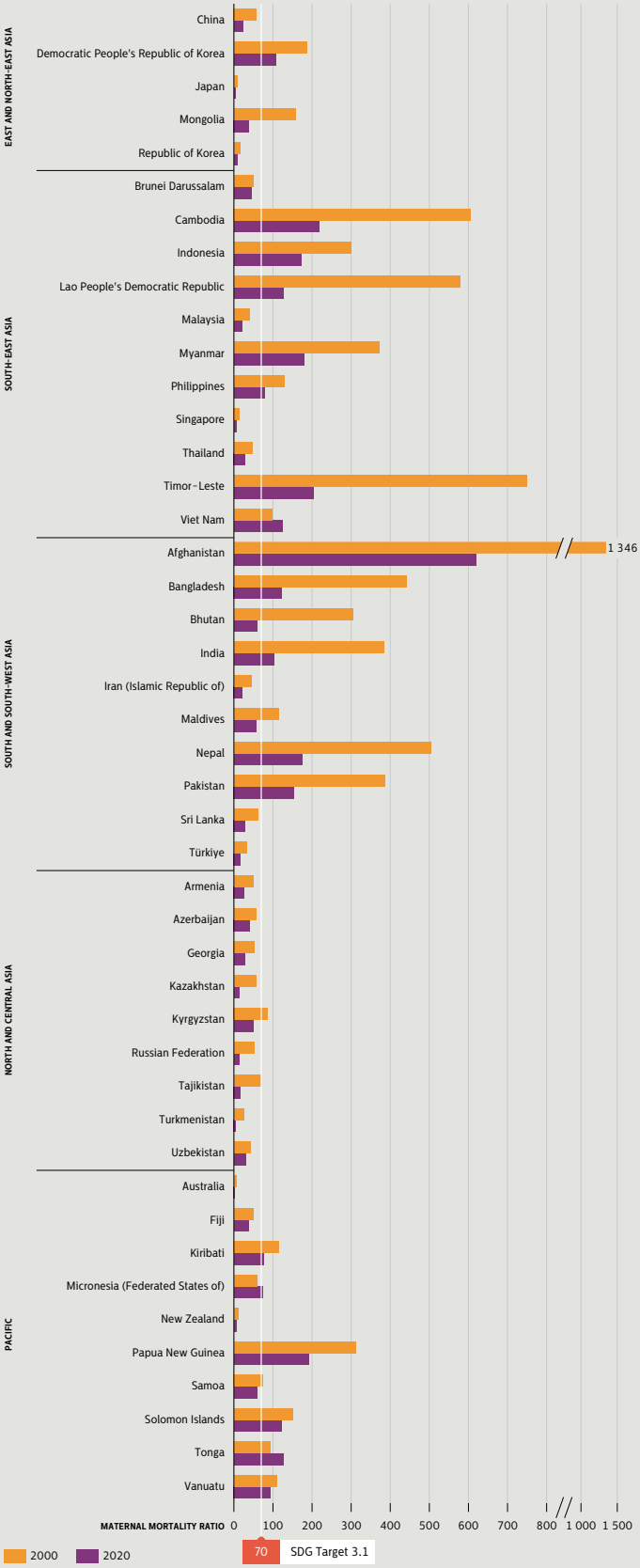
Figure 2: Total fertility rates, live births per woman aged 15–49, by Asia-Pacific country and subregion, 2013, 2023 and 2050



Source: United Nations, Department of Economic and Social Affairs, Population Division (2022). *World Population Prospects 2022*, Online Edition.

# Although progress has been made in reducing maternal mortality across Asia and the Pacific, some countries are still far from reaching the SDG target

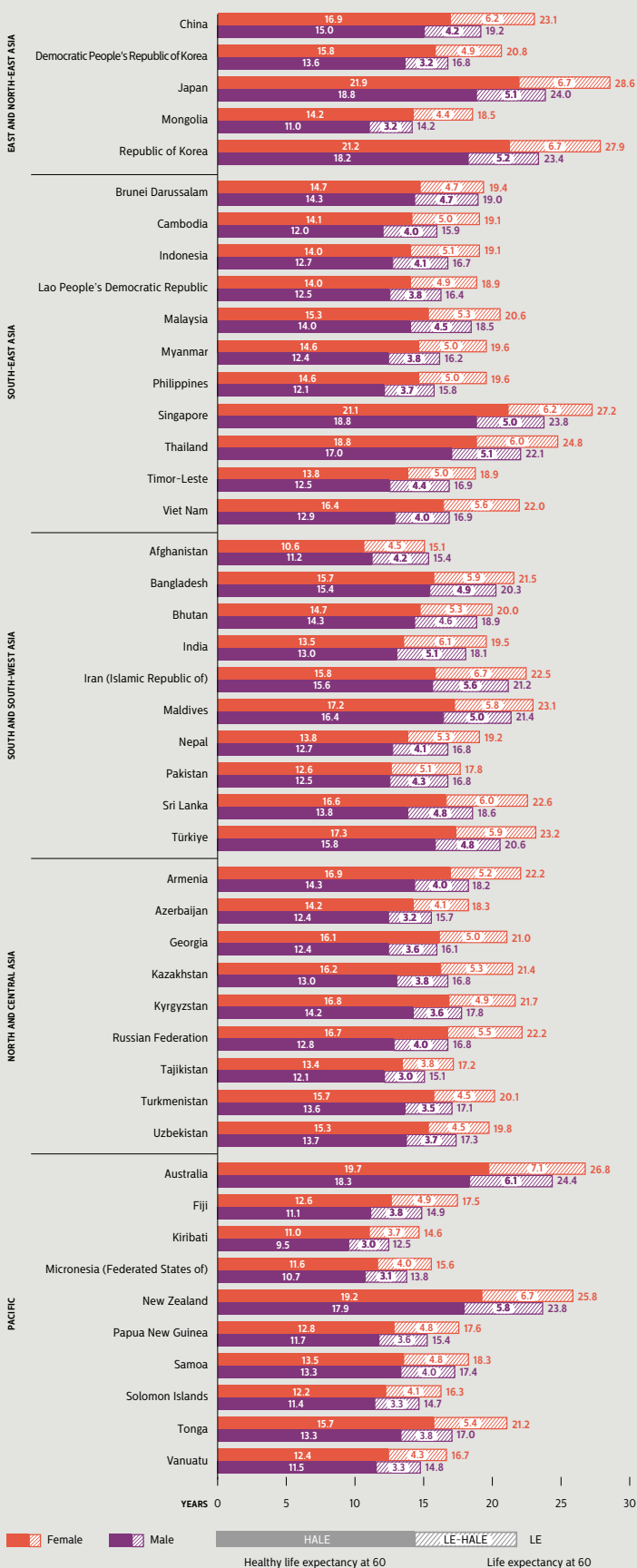
Figure 3: Maternal mortality ratio, deaths per 100,000 live births, by Asia-Pacific country and subregion, 2000 and 2020



Source: ESCAP Statistical Database, accessed on 6 May 2023; World Health Organization, *Trends in Maternal Mortality 2000 to 2020*.

# While women outlive men, the quality of those additional years of life is compromised due to health issues

Figure 4: Life expectancy and healthy life expectancy at age 60 (years), by sex and by Asia-Pacific country and subregion, 2019

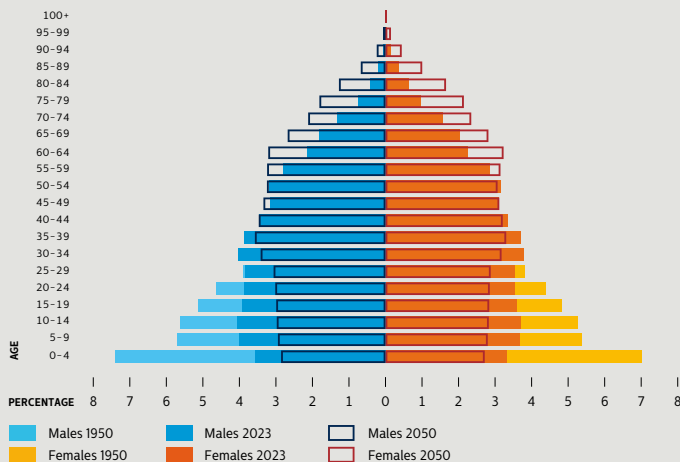


Source: ESCAP calculations based on World Health Organization, Global Health Observatory data repository, online, accessed on 1 September 2023. <http://apps.who.int/gho/data/?theme=main>.

Note: In rounding the above figures to one decimal place, certain small discrepancies exist between sums (HALE + LE-HALE) and total values (LE).

# Fertility and mortality rates are declining, resulting in changing population age structures in Asia and the Pacific

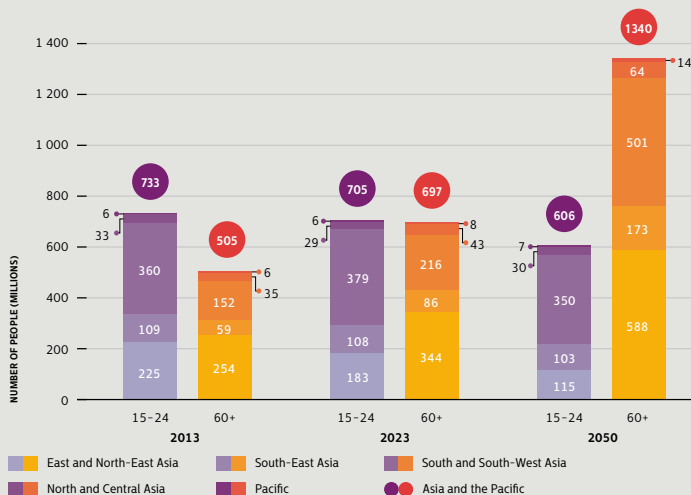
Figure 5: Age and sex distribution of the total population in Asia and the Pacific, 1950, 2023 and 2050





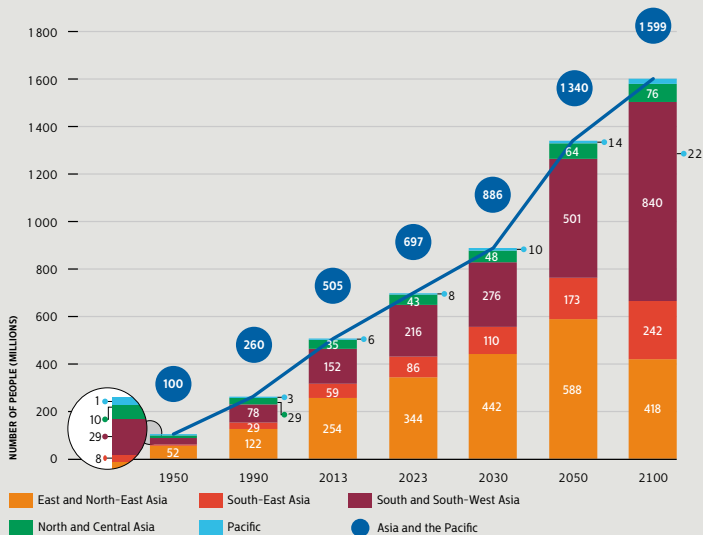
# While the youth population aged 15–24 is shrinking, the population aged 60 or over is expanding rapidly

Figure 6: Youth population (15–24) and older adult population (60+), by Asia-Pacific subregion, 2013, 2023 and 2050



## The number of older persons (60+) is growing in all subregions in Asia and the Pacific

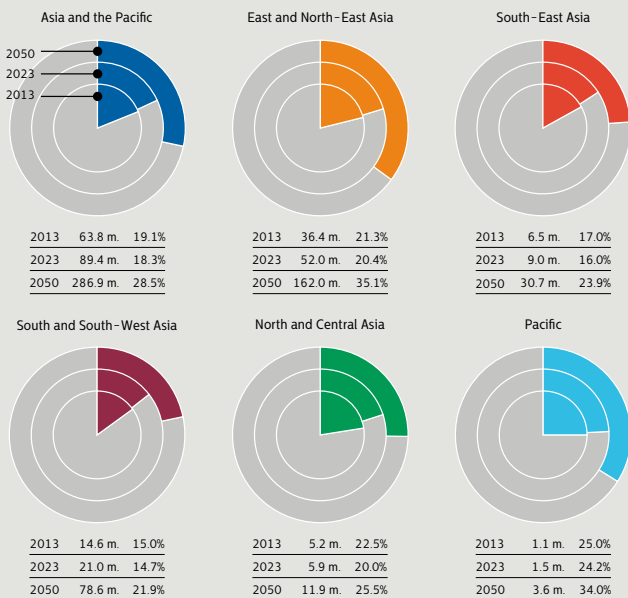
Figure 7: Number of people aged 60 years or over in Asia and the Pacific and by subregion, 1950–2100



Source: United Nations, Department of Economic and Social Affairs, Population Division (2022). *World Population Prospects 2022*, Online Edition.

# The oldest-old population (80+) is growing at an accelerated pace, albeit with variations in growth rates across Asia-Pacific subregions

Figure 8: Oldest-old population (80+) in Asia and the Pacific, and by subregion, 2013, 2023 and 2050



## The number of immigrants to and emigrants from Asia and the Pacific is on the rise

Figure 9a: Immigrants (migrant stock) in Asia and the Pacific, by subregion, 1990–2020

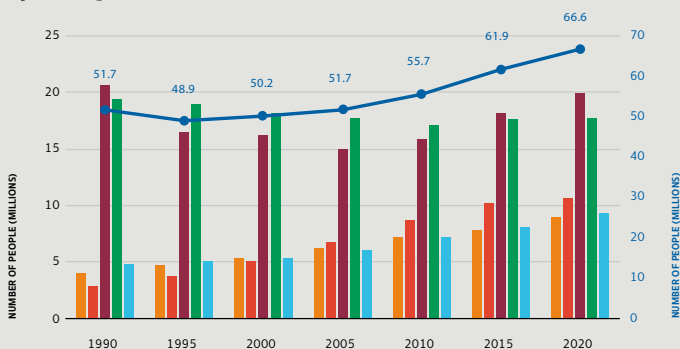


Figure 9b: Emigrants (migrant stock) from Asia and the Pacific, by subregion, 1990–2020

