

**GOVERNMENT OF INDIA  
MINISTRY OF HEALTH AND FAMILY WELFARE  
DEPARTMENT OF HEALTH AND FAMILY WELFARE**

**RAJYA SABHA  
UNSTARRED QUESTION NO. 1864  
TO BE ANSWERED ON 19<sup>th</sup> DECEMBER, 2023**

**RISING LOAD OF DIABETES IN THE COUNTRY**

**1864 SMT. PRIYANKA CHATURVEDI:**

Will the **MINISTER OF HEALTH AND FAMILY WELFARE** be pleased to state:

- (a) whether Government has made any assessment regarding the prevalence of diabetes in the country, if so, the details thereof, age-wise;
- (b) the steps taken by Government to control diabetes in the country;
- (c) whether Government has any specific schemes to help families of Below Poverty Line (BPL) suffering from diabetes related diseases, if so, the details thereof; and
- (d) whether Government has any road map to reduce the prevalence of diabetes among the Indian population, if so, the details thereof?

**ANSWER**

**THE MINISTER OF STATE IN THE MINISTRY OF HEALTH AND FAMILY WELFARE  
(PROF. SATYA PAL SINGH BAGHEL)**

(a) to (d) As per Indian Council of Medical Research – India Diabetes (ICMR INDIAB) study published in 2023, the prevalence of diabetes is 101 million.

To address the health issues related to Diabetes, the Department of Health & Family Welfare provides technical and financial support to the States/UTs under the National Programme for Prevention and Control of Non-Communicable Diseases (NP-NCD), as part of National Health Mission (NHM), based on the proposals received from the States/UTs and subject to the resource envelope. The programme focuses on strengthening infrastructure, human resource development, health promotion & awareness generation, early diagnosis, management and referral to an appropriate level of healthcare facility for treatment of the Non-Communicable Diseases (NCDs), including Diabetes. Under NP-NCD, 743 District NCD Clinics and 6237 Community Health Center NCD Clinics have been set up.

A population-based initiative for prevention, control and screening for common Non Communicable Diseases (NCDs) i.e., diabetes, hypertension and common cancers has been rolled out in the country under NHM and also as a part of Comprehensive Primary Health Care. Under the initiative, persons more than 30 years of age are targeted for their screening for common NCDs. Screening of these common NCDs is an integral part of service delivery under Ayushman Arogya Mandir (erstwhile Ayushman Bharat – Health and Wellness Centres).

Preventive aspect is strengthened under Comprehensive Primary Health Care through Ayushman Arogya Mandir scheme, by promotion of wellness activities and targeted communication at the community level. Other initiatives for increasing public awareness about Diabetes and for promotion of healthy lifestyle includes observation of National and International Day and use of print, electronic and social media for continued community awareness. Furthermore, healthy eating is also promoted through Food Safety and Standards Authority of India (FSSAI). Fit India movement is implemented by Ministry of Youth Affairs and Sports, and various Yoga related activities are being carried out by Ministry of AYUSH. In addition, NP-NCD gives financial support under NHM for awareness generation (IEC) activities for Diabetes to be undertaken by the States/UTs as per their Programme Implementation Plans (PIPs).

Under NP-NCD, financial support for glucometer and drugs for diabetes is provided as per the proposals received from the States/ UTs as per their PIP. Under Free Drugs Service Initiative of NHM, financial support is provided to States/UTs for provision of free essential medicines including insulin for poor and needy people. Furthermore, quality generic medicines including insulin are made available at affordable prices to all, under 'Pradhan Mantri Bhartiya Janaushadhi Pariyojana (PMBJP), in collaboration with the State Governments.

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